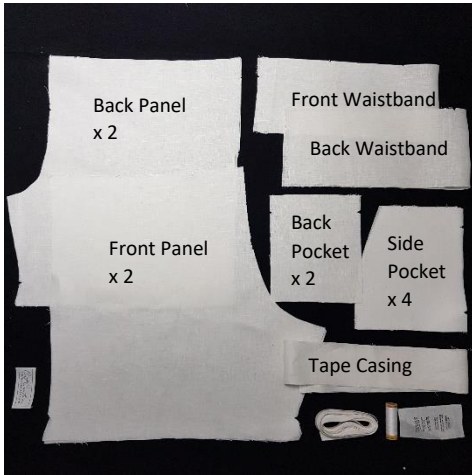


KATHY SHORTS INSTRUCTIONS



PIECES IN KIT (Plus cut offs for practicing, dye/surface pattern trials or recycling/re-using):

FOR VIDEO INSTRUCTIONS VISIT THE WEBSITE:

<https://www.cutcouturekit.com/how-to/sew-easy-instructions/kathy-shorts-kit/>

NB: If neatening edges with overlocking rather than zig-zag stitching please mark notches on fabric with magic marker prior to overlocking as notches will be removed during the process.

BACK POCKETS (Approx. 45mins)

- 1) Identify the front & back leg pieces. Fronts have 1 notch at top & a double notch on curved seam. Backs have 2 notches at top and a triple notch on curved seam plus 2 drill holes each.
- 2) Place 2 back pieces on table, curved seams inwards. Measure up 1cm from each drill hole. Using your trick marker mark with a dot 1cm above each drill hole. Draw a line between the dots.
- 3) Take 2 back rectangular pockets, zig-zag/overlock top short edge, notches are towards the top of the side edges. Turn this edge in 3cm (fold point is marked with notches) and 1cm on other short edge, press towards each other. Sew a 1cm seam at each corner. Clip away corners carefully avoiding stitching line. Grade tiny tun in of seam. Turn right sides out pushing corners gently with closed scissors. Press pockets, pressing in 1cm on the remaining 2 long sides. Top stitch a line 2.5cm from the pocket top.
- 4) Position the top of your pocket centrally on your marker line on back shorts pieces and pin in place. They should be parallel with the straight side edge, not the waist edge and the pockets will be a little wider than the pen line. The notches at the top are the width of the pocket. Starting and finishing at each top corner with a box or triangle of stitches for extra strength, Stitch into place as close to the edges and bottom as possible (1-2mm). Remember NOT to stitch across the top or you will have a patch not a pocket!!

SIDE POCKETS (Approx. 1hr)

- 1) Zig-zag/overlock around curved and long un-notched bottom edge of side pocket pieces x 4. Zig-zag/overlock curved and short straight edge of front shorts pieces. Place front pieces on table, curved edges facing each other. Place side pocket pieces at each of the two top outer corners matching square corners and side notches.
- 2) Pin down notched side and sew a 1.5cm seam. Zig-zag/overlock together along the edge continuing down to bottom of shorts leg.
- 3) Press pocket out and seam towards pocket. Under-stitch 1-2mm from seam.
- 4) Zig-zag/overlock the notched edge of remaining 2 side pocket pieces and separately zig-zag the straight notched side of the back shorts pieces.
- 5) Attach pocket to back as per front panels, but do NOT under-stitch or zig-zag pocket & shorts edge together.
- 6) Place one front piece onto one back piece right sides together matching pockets. Pin down side seam & around pocket edge. Sewing very close to existing sewing line but on shorts leg side, stitch a 1.5cm seam from top of shorts to first notch and from bottom notch to hem, leaving a gap between the notches.
- 7) Press pinned pocket towards front and press open side seam. Then Press the shorts whole trouser leg (front and back) away from the pocket, again with seam pressed open.
- 8) Starting at the bottom of the pocket & exactly at the side seam, stitch a 1.5cm seam along the bottom & up the curved pocket edge finishing at the waist edge. You will be sewing the pocket onto the front seam allowance.
- 9) On right side, press pockets towards the front. Stitch pockets down along the waist line 5mm from edge.

ATTACHING LEGS TOGETHER (Approx. 25mins)

- 1) Zig-zag/overlock remaining curved edge and side of back leg pieces.
- 2) Right sides together, pin front to back down remaining straight side edge matching notches. Sew a 1.5cm seam to make a tube for each leg. Press open seam on each tube. A sleeve press will make this easier.
- 3) Turn 1 leg tube the right way out and place inside the other inside out leg. Pin the curved seam matching the centre crotch seam at the bottom of the curve and matching notches.
- 4) Stitch a 1.5cm seam around the curved edge and stitch again to reinforce. Clip the seam taking care not to cut the seam stitches. Take the inner leg out to form inside out shorts. Press open the seams.

WAIST BAND (Approx. 50mins)

- 1) With all notches on long edge facing down, place back waist band (4 notches on long edge) on top of front waist band (2 notches on long edge), pin and sew a 1.5cm seam on 1 short edge. Press seam open.
- 2) Fold lengthways and press crease along waist band to mark centre along the length. Open up.
- 3) With right sides together pin and sew a 1.5cm seam at remaining 2 short side to form a waist band loop. Press open this 2nd side seam.
- 4) Turn shorts right way out. While waistband is inside out place it over waist of shorts right sides together, matching 2 notches at front, 4 at back and side seams. Pin and sew a 1.5cm seam to attach waist band to waist. **Make sure seams and pockets are flat and don't get 'rucked' up.**
- 5) Grade the seam by trimming back the waistband seam allowance.
- 6) Turn shorts inside out. Press in 1.5cm along top open edge of waistband. Press seam at waist towards waist band.
- 7) Fold waist band along its centre crease and lap the edge just over the inner waist seam. Pin in place. On right side/outside of waistband top stitch 2mm from top edge and 2mm from the bottom edge of the waist band.

CASING (Approx. 40mins)

- 1) Press under 1cm on both short edges of casing. Stitch down with a small seam 1cm parallel to long edge of casing. Clip corners, grade seam, turn right way out and press. Press under 1cm on both long edges of cord casing. Top stitch down the turned in short ends.
- 2) Find centre of casing by folding in half (put 2 short edges together) and pressing a crease. Position centre crease at centre back seam and pin onto outside back waistband. Pin from back to centre front ensuring even position. Top stitch in to place 2mm from top edge and 2mm from bottom edge. Ensure plenty of pins hold casing in place to avoid it stretching and causing puckers during sewing.
- 3) Mark with pen several points 1.5cm in from each sewing line along the length of the casing to make a dotted line. The marked lines should be 1cm apart.
- 4) Top stitch on each of these marked lines to form 2 channels for the drawstrings.

HEMS (Approx. 15mins)

Trim any frayed threads along hems, turn in to wrong side and stitch down 5mm along edge. Turn in a 4cm hem, pin and sew close to top edge or on existing sewing line.

DRAWSTRINGS (Approx.10mins) NB: Tapes should be inserted AFTER washing or dying when fabric is softer.

- 1) If dying your garment, dye tapes at the same time as your garment so they pick up the same colour.
- 2) Cut the tape in half
- 3) After drying shorts, attach a safety pin to one end of one tape and feed through the bottom channel then repeat with the other draw string through top channel
- 4) Tie a knot in each end of each tape.

WASH AND WEAR WITH PRIDE OR DYE TO A COLOUR OF YOUR CHOOSING USING ONE OF OUR DYE KITS AND FOLLOW YOUTUBE INSTRUCTIONS : <https://www.cutcouturekit.com/how-to/dye-happy/>